

**Additional Precautionary Restrictions for travellers visiting Myanmar
to Prevent Spread of COVID-19**

1. With a view to preventing importation and spread of COVID-19, the Government of the Republic of the Union of Myanmar is obliged to take additional precautionary measures to control and limit the risk that travellers from countries with very high numbers of cases may pose to the populations in Myanmar.

2. The following additional temporary restrictive measures will take effect starting from *21 March 2020, 0000 hours* at the port of departure:-

2.1. Temporary restrictive measures on additional countries with very high numbers of cases

All incoming travellers including Myanmar nationals arriving from or having visited **USA, Switzerland, UK, the Netherlands, Austria, Belgium, Norway, Sweden and Denmark** in the past 14 days shall be subject to 14-day **facility quarantine** on their arrival in Myanmar. As for diplomats accredited to Myanmar and resident United Nations officials, they will be encouraged to take **home quarantine** for 14 days on their arrival in Myanmar. All are required to present Medical Certificate issued by a medical facility recognized by the health authorities of the respective states, of having no symptoms of acute respiratory illness (fever and cough or shortness of breath), before boarding any airline destined to Myanmar.

2.2. Temporary Suspension of Visa on Arrival and e-visa

The Myanmar Government temporarily suspends issuance of Visa on Arrival (VOA) and e-visa **for all countries** until 30 April 2020.

3. However, diplomats accredited to Myanmar, the resident UN officials and any foreign national who intends to travel to Myanmar on compelling reason or on

important official mission may contact nearest Myanmar Missions for necessary entry visa or for ease of the quarantine procedure.

4. The earlier precautionary measures issued on 15 March 2020 shall also remain in force until further notice. The updated list of additional quarantine measures for international travellers and Myanmar citizens is attached herewith.

Ministry of Foreign Affairs

Nay Pyi Taw

Dated : 20 March 2020

**The Updated List of Additional Quarantine Measures for
International Travellers and Myanmar Citizens**

Sr no	Countries	Travel Suspension	Quarantine		Active Health Surveillance
			Facilities	Home	
1	Republic of Korea	Any foreigner with a travel history to Hot Spot areas during the past 14 days	Myanmar citizens with a travel history to Hot Spot areas during the past 14 days	Anyone with a travel history during the past 14 days	
2	People's Republic of China	Any foreigner with a travel history to Hot Spot areas during the past 14 days	Myanmar citizens with a travel history to Hot Spot areas during the past 14 days		Anyone with a travel history during the past 14 days
3	Italy		Anyone with a travel history during the past 14 days	Diplomats, UN Officials	
4	Iran		Anyone with a travel history during the past 14 days	Diplomats, UN Officials	
5	France		Anyone with a travel history during the past 14 days	Diplomats, UN Officials	
6	Spain		Anyone with a travel history during the past 14 days	Diplomats, UN Officials	
7	Germany		Anyone with a travel history during the past 14 days	Diplomats, UN Officials	
8	The United States of		Anyone with a travel history	Diplomats, UN Officials	

	America		during the past 14 days		
9	Switzerland		Anyone with a travel history during the past 14 days	Diplomats, UN Officials	
10	The United Kingdom		Anyone with a travel history during the past 14 days	Diplomats, UN Officials	
11	Netherlands		Anyone with a travel history during the past 14 days	Diplomats, UN Officials	
12	Norway		Anyone with a travel history during the past 14 days	Diplomats, UN Officials	
13	Denmark		Anyone with a travel history during the past 14 days	Diplomats, UN Officials	
14	Sweden		Anyone with a travel history during the past 14 days	Diplomats, UN Officials	
15	Austria		Anyone with a travel history during the past 14 days	Diplomats, UN Officials	
16	Belgium		Anyone with a travel history during the past 14 days	Diplomats, UN Officials	

Note: This will come into effect starting 00:00 hours Myanmar Standard Time (MST) on 21st March 2020.

It will be in effect until further notice.